

RSSAA GIRLS' VOLLEYBALL POLICIES

FALL

JUNIOR GIRLS' VOLLEYBALL POLICIES 2025

LEAGUE CONVENOR:

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1. **REGISTRATION DEADLINES:**

BCSS: Team registration and minimum roster numbers must be submitted online to BCSS (STARS) by **October 1**. Additions to the online roster can be made up until **October 15**.

SFAA: Team Declaration must be by **September 17**.

2. **LEAGUE STARTING DATES**

Junior: **September 23**

3. **LEAGUE PLAYING DAYS**

Junior: **Tuesday and Thursday**

4. **TYPE OF LEAGUE SCHEDULE**

- Single round robin format.
- Each match is best of **5 sets, all to 25 except the last set to 15**. Change sides after each set. Coin toss for the 5th set, switching sides mid 5th set.
- Full Court

5. **RSSAA PLAYOFF DATES**

October 27+

Junior Host: **MacNeill**

6. **SOUTH FRASER ATHLETIC ASSOCIATION VOLLEYBALL CHAMPIONSHIPS**

November 4-6

Host: **Delta Schools**

7. **MATCH STARTING TIME**

3:30pm but starting no later than 15-minutes after scheduled start time.

09/20/24

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8. SUPERVISION REQUIREMENTS:

The school team must be accompanied by a teacher-coach, teacher-sponsor, administrator or responsible adult approved by the Administrator, and in accordance with the applicable School District policy. The School Administrator must ensure that the supervisor adheres to the Athletic Program objectives, Guidelines for Community Coaches and Coach's Code of Conduct as outlined in the BCSS Handbook. The competition official and coordinator must be aware of who the adult supervisor is if that supervisor is a different individual than the coach. The supervisor must be in attendance on the team bench for the duration of the competition. **When a school fails to fulfill this requirement, it shall forfeit all rights to that game, even if the other school consents to play the game.**

9. DEFAULTED GAMES

When a team is entered in a league, it is committed to fulfill its schedule of League and Playoff matches. ("Four-point games are not allowed.") Therefore, games should be defaulted only under exceptional circumstances. Forty-eight (48) hours' notice must be given to the scheduled opponent by any team intending to default a game. The principal of the school whose team intends to default a game must be informed prior to such notice being given. Full explanation of the details connected with the default must be given to the Vice-President of the Richmond Secondary Schools' Athletic Association. A default will result in no points being awarded for the team that defaulted. Withdrawal from a league within a two (2) week period before the start of league play will result in disciplinary action being taken against that team.

10. POSTPONEMENTS

Scheduled matches may be postponed only for reasons beyond the control of the school and with the specific consent of the other school involved. The League Convenor, the RSSAA President, and the District Athletic Facilitator must be notified as soon as possible by telephone or email. The match must be rescheduled at the earliest convenience of both schools.

Note: All postponed league matches must be played before the last scheduled league match.

11. PROTESTS

A protest shall be lodged at the appropriate time in the game by recording the protest on the score sheet at the time of the dispute if it is related to the actual game. All other protest shall only be considered only if it is made within two (2) school days of the competition.

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Refer to Richmond Secondary Schools' Athletic Association Handbook for details on filing a protest.

12. **REPORTING SCORES**

- Home team Athletic Director will report the score of the match in RSSAA Teams Athletic Director Channel, by filling in the excel spreadsheet.

League Standings:

- All RSSAA League Standings will be posted on the Internet on ESportsDesk.
 - The RSSAA League web site address:
https://www.esportsdesk.com/leagues/pick_league.cfm?clientID=7&leagueID=0
 - The RSSAA Junior Girls Volleyball Page:
https://www.esportsdesk.com/leagues/front_pageesdNew.cfm?clientID=7&leagueID=2653

13. **GAME EQUIPMENT**

- The host team provides the game ball (Baden VCor).
- Each school will provide their own warm up volleyballs.
- Antennae must be used.

14. **OFFICIALS**

- Scorers & Linesmen: provided by the home team.
- Score sheets are to be provided by the host team.
- Officials:
 - League - the HOME school must provide two competent officials.
 - Playoffs - the HOST schools must provide both referees unless the visiting schools exercises their option of bringing their own referee (24 hours' notice required). DAF to order both referees for the Richmond Final.

15. **UNIFORMS**

- Court shoes, numbered jersey, shorts/leggings.
 - Note: RSSAA Rules & Regulations Article 2 Section K (3.2) of the RSSAA Coaches' Handbook - "Attire appropriate to the sport"
- Uniforms must be worn during warm up (can be under shirt, but no changing after warm up)

16. **COURT SIZE**

Junior: Regulation (full court)

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17. NET HEIGHT

RSSAA Height

Junior: 2.20m

SFAA Height

Junior: 2.20m

18. SUBSTITUTIONS

- No fair play rules
- 12 unlimited

19. LEAGUE STANDINGS

League standings will be used to determine seedings for the Championship Tournament. Points will be awarded as follows to determine standings:

- each match won = 2 points
- each match lost = 0 point
- each match defaulted = 0 points

Ties in Final League Standings:

If two or more teams are tied in league standings, the following criteria will be applied, in order:

1. The team having the best ratio of won/lost matches, considering matches between the tied teams will be ranked higher;
2. The team having the best ratio of won/lost games, considering matches played between the tied teams, will be ranked higher;
3. The team having the best ratio of won/lost games, considering all league matches of the round, will be ranked higher;
4. The team having the best ratio of points for/against, considering games between the tied teams, will be ranked higher;
5. The team having the best ratio of points for/against, considering all games played during the league, will be ranked higher;
6. Flip of a coin.

20. RSSAA CHAMPIONSHIP PLAYOFFS

- Playoff Format: top 8, single knockout
- Playoff games will be best of 5 (25-25-25-25-15)
- Playoff Officials:
 - The host schools (**higher seed**) must provide both referees unless the visiting schools exercises their option of bringing their own referee (24 hours' notice required).

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- Each team must be prepared to supply one competent linesman and one competent scorekeeper if the host school cannot provide two of each.
- DAF to order both referees for the Richmond Final.

21. **GENERAL PLAYING RULES: (According to Canadian Volleyball Rule Book)**

The current Canadian Volleyball Association Rule Book is used, unless otherwise noted by the SFVC.

- a) The hosting Local Association determines the scoresheet to be used.
- b) SCORING:
 - Rally point scoring where each set is 25 points (5th set to 15 points) with no cap, but a team must win by a 2-point advantage (e.g. a game could end up 41-39).
 - *In RSSAA League*, a match will be best of 5 sets to 25, except the 5th set to 15 (each win by 2).
 - *In RSSAA Playoffs*, a match will be best of 5 sets to 25, except the 5th set to 15 (each win by 2).

SERVICE:

- Must serve within 8 seconds after whistle.
- Limited to one toss (one attempt at serving).

TIME-OUTS:

- A team is limited to two 1-minute time-outs per set.
- For secondary school competition, there are no technical time-outs.
- During time-outs, the teams must stand off the court.

CEILING:

- A ball which does not cross the vertical plane of the net shall remain in play if it hits the ceiling, or similar supports (basketball hoop, partition, etc.) directly above the playing area.

FIRST CONTACT:

- First contact off a serve can be a set.

SCREENING & WARM UP PROTOCOL:

- Refer to SFVC guidelines:
 - <https://sites.google.com/view/southfraservolleyball/sfvc-jr/rules?authuser=0>

22. **LIBERO PLAYER: (Rule 8.5 in the Volleyball Canada Rule Book)**

Junior – the use of a libero player in RSSAA League and Playoffs is allowed and up to coaches' discretion. Please note SFVC's two libero rule clarification document -

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https://docs.google.com/document/d/14ehkimR_vaSOQzUeT6wr-1GxgZ_MzA6THdocaRlhSII/edit .

What is a "Liberio"? - A Liberio player is basically a back row, defensive specialist who may enter the game without a formal substitution. There are a few restrictions in the playing actions of the Liberio.

Uniforms - The Liberio must wear a uniform of a different colour or design in contrast to the rest of the team.

Designation of the Liberio -

- The Liberio must be recorded on the score sheet before the match. His/her number must be indicated next to his/her name.
- The Liberio may be redesignated after each set.
- The Liberio player must also be added to the line-up sheet of the first set.

Liberio/Player Replacements

- The Liberio is allowed to replace any player in a back row position.
- Replacements involving the Liberio are not counted as regular substitutions and are unlimited in occurrences.
- There must be a rally between two Liberio replacements.
- Entering the court:
 - The Liberio may only enter or leave the court by the sideline in front of the team bench.
 - The Liberio may replace a player, and a player may replace a Liberio
 - At the beginning of each set **AFTER** the umpire has checked the starting line-up.
 - When the ball is **NOT** in play.
 - **BEFORE** the whistle for service.
 - The Liberio may only enter or leave the court by the sideline in front of the team bench.
 - The Liberio may replace a player, and a player may replace a Liberio
 - At the beginning of each set **AFTER** the umpire has checked the starting line-up.
 - When the ball is **NOT** in play.
 - **BEFORE** the whistle for service.
- For a regular substitution to occur the substituting player must replace another player on the court, the Liberio cannot be involved as either player.
- In the event the Liberio is injured, a new Liberio can be designated as long as the replacing Liberio is not on the court at the moment of redesignation.
- The redesignated Liberio remains the Liberio for the remainder of the match.
- The injured Liberio may **NOT** re-enter the match.

Playing Actions

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- The Libero is restricted to performing as a back row player. The following restrictions also apply:
 - **NOT** allowed to complete an attack hit from anywhere (including playing court and free zone) if at the moment of the contact, the ball is entirely higher than the top of the net.
 - **NOT** allowed to serve.
 - **NOT** allowed to block or attempt to block.
 - A player **CANNOT** complete an attack hit from higher than the top of the net, if the ball is coming from an overhand finger (hand set) pass by Libero in the front zone.
 - The Libero **CAN** "bump set" the attack hit.
 - A player **CAN** attack the ball above the height of the net if the Libero uses an overhand finger pass from behind the front zone.