## **RSSAA Volleyball Rules**

	Girls				Boys			
	Bantam	Juvenile	Junior	Senior	Bantam	Juvenile	Junior	Senior
Playing Format	3 sets	3 sets	best of	best of	3 sets	3 sets	best of	best of
	(all to 25)	(all to 25)	5 sets	5 sets	(all to 25)	(all to 25)	5 sets	5 sets
Playoffs	best of 3	best of 3	best of 5	best of 5	best of 3	best of 3	best of 5	best of 5
	sets (25-25-	sets (25-25-	sets	sets	sets (25-25-	sets (25-25-	sets	sets
	15) except	15) except			15) except	15) except		
	finals is best	finals is best			finals is best	finals is best		
	of 5	of 5			of 5	of 5		
Fair Play	Refer to	Refer to	No fair play	No fair play	Refer to	Refer to SF	No fair play	No fair play
	RSSAA Fair	RSSAA Fair	rules	rules	RSSAA Fair	Fair Play	rules	rules
	Play Rules	Play Rules			Play Rules	Rules (for		
	(for regular	(for regular			(for regular	regular		
	season)	season)			season)	season)		
Change of	Change	Change	Change	Change	Change	Change	Change	Change
Sides	sides after	sides after	sides after	sides after	sides after	sides after	sides after	sides after
	each set, no	each set, no	each set,	each set,	each set, no	each set, no	each set,	each set,
	coin toss for	coin toss for	coin toss for	coin toss	coin toss for	coin toss for	coin toss for	coin toss for
	3 <sup>rd</sup> , no	3 <sup>rd</sup> , no	5 <sup>th</sup> , switch	for 5 <sup>th</sup> ,	3 <sup>rd</sup> , no	3 <sup>rd</sup> , no	5 <sup>th</sup> , switch	5 <sup>th</sup> , switch
	switching	switching	mid 5 <sup>th</sup>	switch mid	switching	switching	mid 5 <sup>th</sup>	mid 5 <sup>th</sup>
	mid 3 <sup>rd</sup> ***	mid 3 <sup>rd</sup> ***		5 <sup>th</sup>	mid 3 <sup>rd</sup> ***	mid 3 <sup>rd</sup> ***		
Roof	in**	in**	in**	in**	in**	in**	in**	in**
Net Height	2.15 m	2.20 m	2.20 m	2.24 m	2.20 m	2.35 m	2.35 m	2.43 m
Libero	no	discouraged	yes	yes	no	discouraged	yes	yes

## **RSSAA Fair Play Rules**

Each player has to play 15 points (does not have to be consecutive) within the first 2 sets.

<sup>\*</sup>first contact can be a set for all leagues, use VCOR balls (for 8-10s) & Molten (for Seniors)

<sup>\*\*</sup>a ball which does not cross the vertical plane of the net shall remain in play if it contacts the ceiling or other overhead objects directly above the playing area

<sup>\*\*\*</sup> except for playoffs, coin toss in 3<sup>rd</sup> and switch sides